

**BACCALAURÉAT PROFESSIONNEL**

**ÉPREUVE ORALE SPÉCIFIQUE – ANGLAIS**

**ASSP / SPVL**

**SECTION EUROPÉENNE  
DURÉE DE L'ÉPREUVE : 20 minutes**

*La calculatrice et le dictionnaire ne sont pas autorisés.*

**THE BUTTERFLY SCHEME**

Situation

You work as a care assistant in a residential care home in London. You welcome a woman who would like to settle her mother with dementia. She asks about the Butterfly Scheme.

Tasks

You are expected to:

- explain to this woman the usefulness of the Butterfly Scheme for her mother with dementia.

Vocabulary:

**a carer:** un aidant  
**scheme:** plan, procédé  
**usefulness:** utilité



## Information for Patients, Relatives and Carers

The Butterfly Scheme is a way of alerting staff to the specific and individual needs of a patient with dementia.

People in the mid or later stages of dementia may have some difficulty communicating their wishes or needs to those who do not know them well.

This scheme ensures that those wishes and needs are heard and responded to.

With your permission, a butterfly symbol will be visible by the bed, to remind all staff that you or your relative has dementia. You do not have to take part, you can opt out of the scheme at any time.

### The Butterfly Care Plan

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With support from a member of staff the Butterfly Care plan is written with you and your family.


Relatives and carers hold vital information about their loved one's needs and preferences. Having this information can help to improve communication and understanding.

The plan is placed at the bedside so that staff can refer to it when caring for you or your loved one.

Information that can be added into the care plan includes:

- Food and drink preferences
  - Things that may upset me
  - My routine
  - My interests or hobbies

Patient Sticker



**Butterfly Care Plan**

This document will help hospital staff to care for you. You can complete it with a member of staff, by yourself or with a family member/ carer.

*(Staff should use this plan to support assessment, care planning and providing individualised care. Please keep this with the bedside documentation and refer to it on a regular basis)*

Commenced by (staff member) : .....

Date and time commenced: .....

**My personal history**

My name is:

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I prefer to be called:

---

My family members are:

---

I was born in (Date and place):

---

The jobs I have had include (my hours or work were...)

---

My hobbies and interests include:

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My usual routines are: (daily routine, places I visit regularly etc)

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What I like to talk about: (good conversation topics)

---

I am left or right handed:

---


I use the following memory aids: (notebooks/ checklists/ alarms etc)

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**My behaviour**


Things which may worry me, make me anxious or frightened:

**bad**



Things that make me feel happy, comfortable or safe:

**good**



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You know when I am in pain by:

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This is how I react to the following investigations:

Blood pressure:

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Taking blood:


---

X-rays:

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**Eating and Drinking**

Food likes and dislikes:



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Drink preferences:



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**Sleeping**

My usual sleep pattern and bedtime routine is:

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**Communication**

I use the following communication aids: (sounds, gestures, visual aids)

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**Care and safety**

These are the things I do to help to prevent me from falling:

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These are the things I do to help me take my medicines (e.g. with hot water, after my meal)

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Any specific toileting needs e.g.: Do you wake up in the night? How many times would you go in the day? Do you need prompting?

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**Carer and family support**

Do you require any information about support as a carer for your relative?

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*Notes to staff:  
Provide information to carer/ family about John's Campaign (allowing flexible visiting to continue caring for loved one)  
Signpost to Carers' Resource (Bradford and Airedale) or Carers Link (Lancashire)  
See Airedale or website for information.*

Source :

[www.airedale-trust.nhs.uk/wp/wp-content/.../Butterfly-leaflet-March-17-ES-LN1.pdf](http://www.airedale-trust.nhs.uk/wp/wp-content/.../Butterfly-leaflet-March-17-ES-LN1.pdf)