



BRITISH WEEK



# WELCOME TO L'ATALANTE



B R I T I S H   W E E K



ENJOY OUR TYPICAL  
BRITISH MENU!



# COCKTAILS

P I N K   L A D Y

W H I S K Y   S O U R

S E A B R E E Z E

B E E R

# DIGESTIVES

I R I S H   C O F F E E



P R A W N   C O C K T A I L

B E E F   A N D   A L E   P I E

B A N O F F E E   P I E

I R I S H   C O F F E E

M

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N

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# Prawn Cocktail

A true British classic, our prawn cocktail is a delightful starter combining freshness and indulgence. Succulent prawns are served on a bed of crisp lettuce and topped with a smooth and tangy Marie-Rose sauce, made with mayonnaise, ketchup, lemon juice, and a hint of Worcestershire sauce. This dish is elegantly finished with a sprinkle of paprika and a wedge of lemon for a refreshing touch.





# Beef and Ale Pie

This hearty and comforting dish is a staple of British cuisine. Our beef and ale pie is made with tender, slow-cooked beef simmered in a rich and flavorful ale-infused gravy, encased in a golden, flaky pastry. It is served with creamy mashed potatoes and minted peas, adding a fresh and delicate balance to this traditional favorite. A true taste of Britain!





# Banoffee Pie

A beloved British dessert, Banoffee Pie is the perfect combination of crunch, creaminess, and sweetness. It features a buttery biscuit base topped with layers of rich caramel and fresh banana slices, finished with a light and airy whipped cream. A sprinkle of chocolate shavings adds the final touch to this indulgent treat. A delicious way to end your meal!





C O U N T R Y  
I N T R O D U C T I O N



# LET'S EXPLORE GREAT BRITAIN!



# C O U N T R Y I N T R O D U C T I O N



**Britain, often referred to as the island of Great Britain (comprising England, Scotland, and Wales), is known for its rich cultural heritage, historic monarchy, global influence on language and culture, and iconic landmarks such as Stonehenge and Big Ben.**





# Overview of Britain

Great Britain is the largest island of the British Isles, bordered by the Atlantic Ocean, the North Sea, the English Channel, and the Irish Sea. It consists of three countries: England in the south and center, Scotland in the north, and Wales in the west. London, located in England, is the de facto capital of the entire United Kingdom and serves as its political, financial, and cultural center. The population of Great Britain is about 62 million, out of the total population of the United Kingdom of about 67 million.

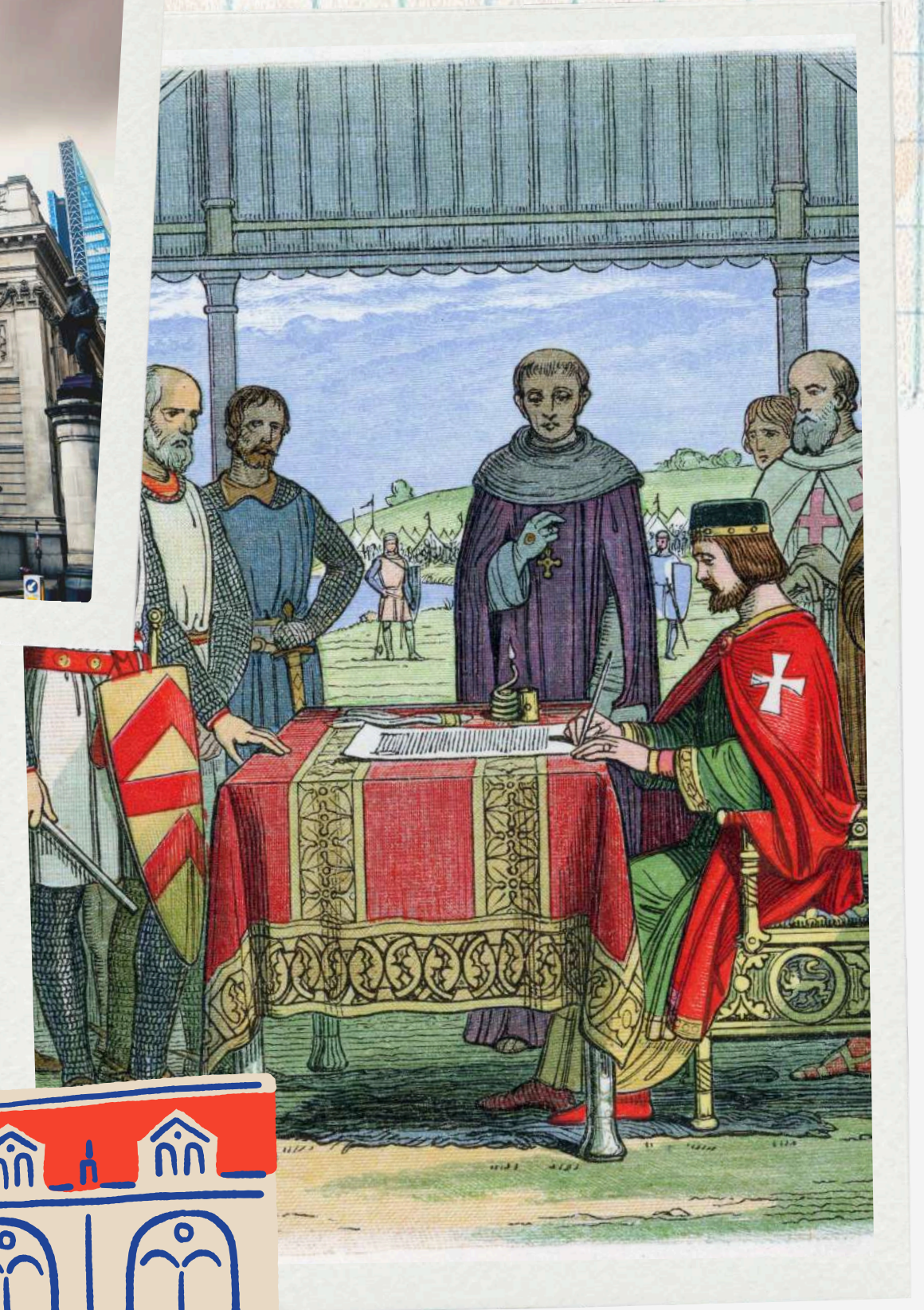




# History of Britain

Britain has a long and influential history, beginning with ancient Celtic tribes and Roman occupation. It later saw the Anglo-Saxons, Viking invasions and the Norman Conquest in 1066.

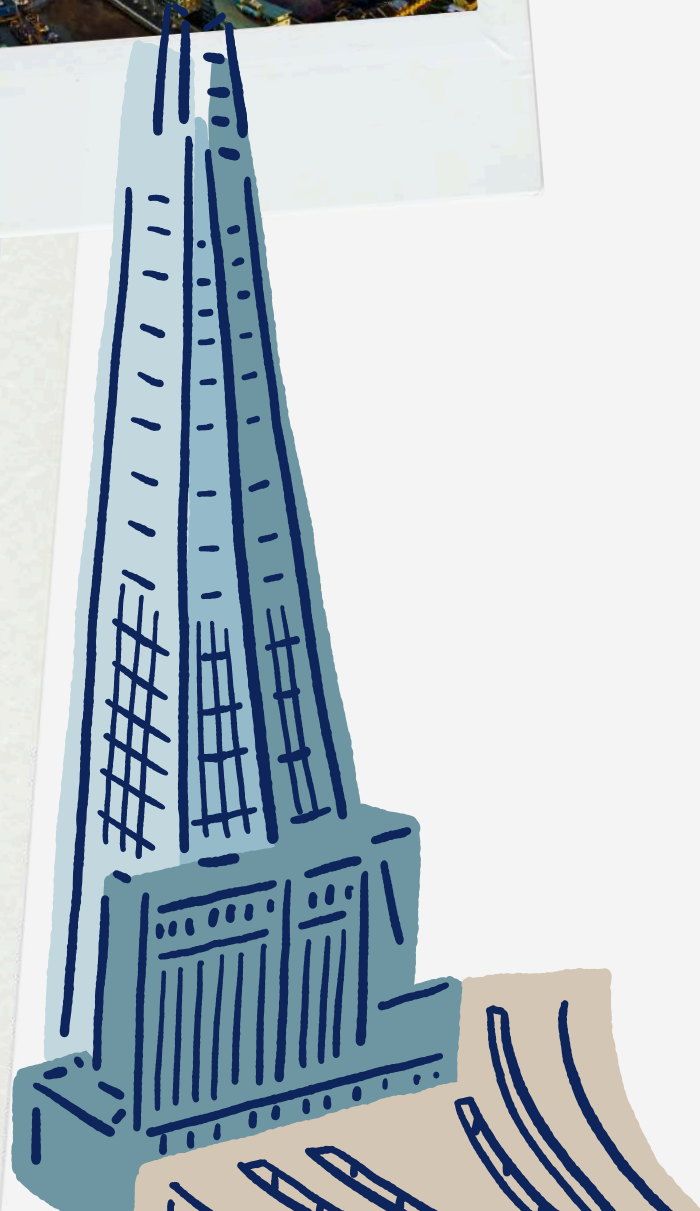
Over the centuries, Britain became a global power, building an empire that once covered a quarter of the world's land. The monarchy evolved into a constitutional system, and political events such as the Industrial Revolution, world wars, and the creation of the modern welfare state have shaped British society.





# Economy of Britain

Britain has one of the world's largest economies, driven by service industries such as finance, banking and tourism. London is a major financial center and home to many multinational corporations. Manufacturing and engineering remain important in regions such as the Midlands and the North of England, while Scotland is known for sectors such as whisky production and oil (in the North Sea). Agriculture plays a smaller role, but is notable for livestock and crops such as wheat and barley.





# Tourism in Britain

Tourists flock to Britain for its historical landmarks, cultural heritage, and natural beauty. London offers iconic sites like the Tower of London, Buckingham Palace, and the British Museum. Edinburgh in Scotland is famous for its castle and annual festivals, while Wales boasts stunning coastlines and medieval castles such as Caernarfon and Conwy. The Lake District, Snowdonia, and the Scottish Highlands provide opportunities for outdoor adventures.







# Natural Life in Britain

Britain's varied landscape supports a range of habitats, from the rugged highlands of Scotland to the moorlands of northern England and the coastal areas of Wales. Wildlife includes red deer, foxes, badgers and a variety of bird species. Conservation efforts focus on protecting native species and habitats, with national parks such as the Cairngorms, Snowdonia and the Peak District preserving Britain's natural beauty.



# Festivals and Traditions in Britain

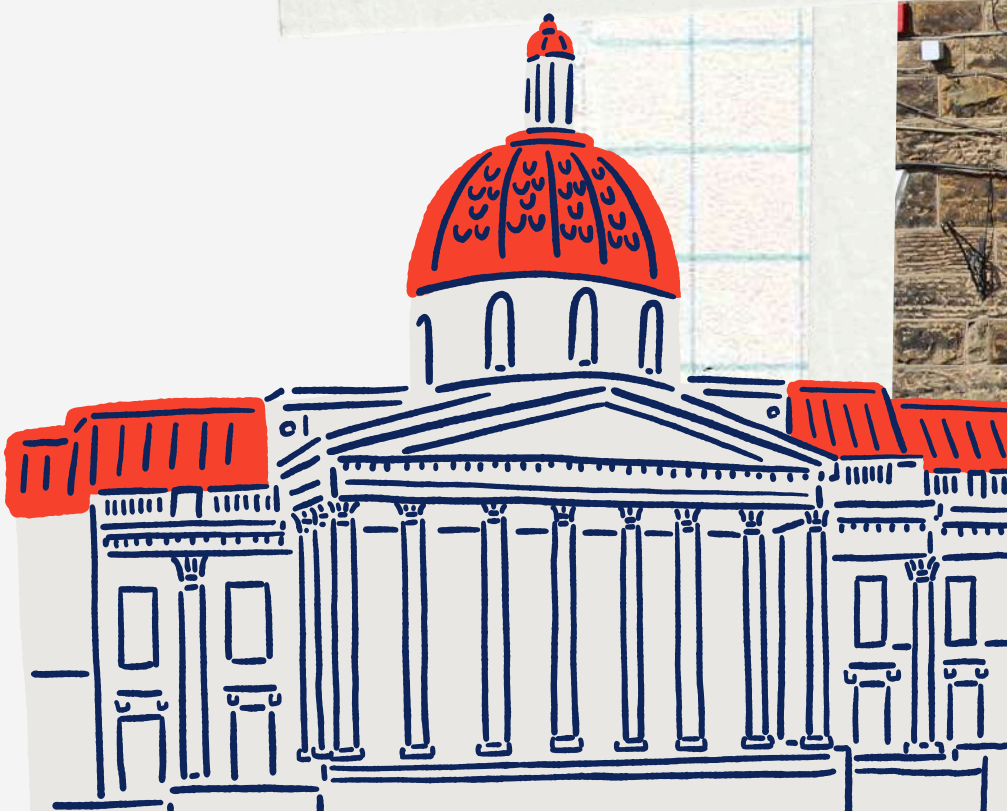
Britain celebrates many traditions that reflect its long history and cultural mix. Major events include Bonfire Night (November 5), which commemorates the failed Gunpowder Plot of 1605, and Notting Hill Carnival in London, which celebrates Caribbean culture. The Highland Games in Scotland feature bagpipes, kilts, and athletic competitions, while the Eisteddfod festivals in Wales celebrate literature, music, and performance.





# British Culture and Food

Britain has made significant contributions to literature, music, and the arts, producing figures such as William Shakespeare, the Beatles, and J.K. Rowling. Traditional dishes vary from region to region, but often include fish and chips, Sunday roasts, and pies. Afternoon tea is an iconic ritual, with tea served with scones, jam, and clotted cream. Modern British cuisine is increasingly diverse, influenced by immigrant communities from around the world.





# Curiosities about Britain

England drives on the left side of the road. It is home to some of the oldest universities in the English-speaking world. The British monarchy is one of the oldest continuous hereditary monarchies. Stonehenge in England is one of the most famous prehistoric monuments in the world.

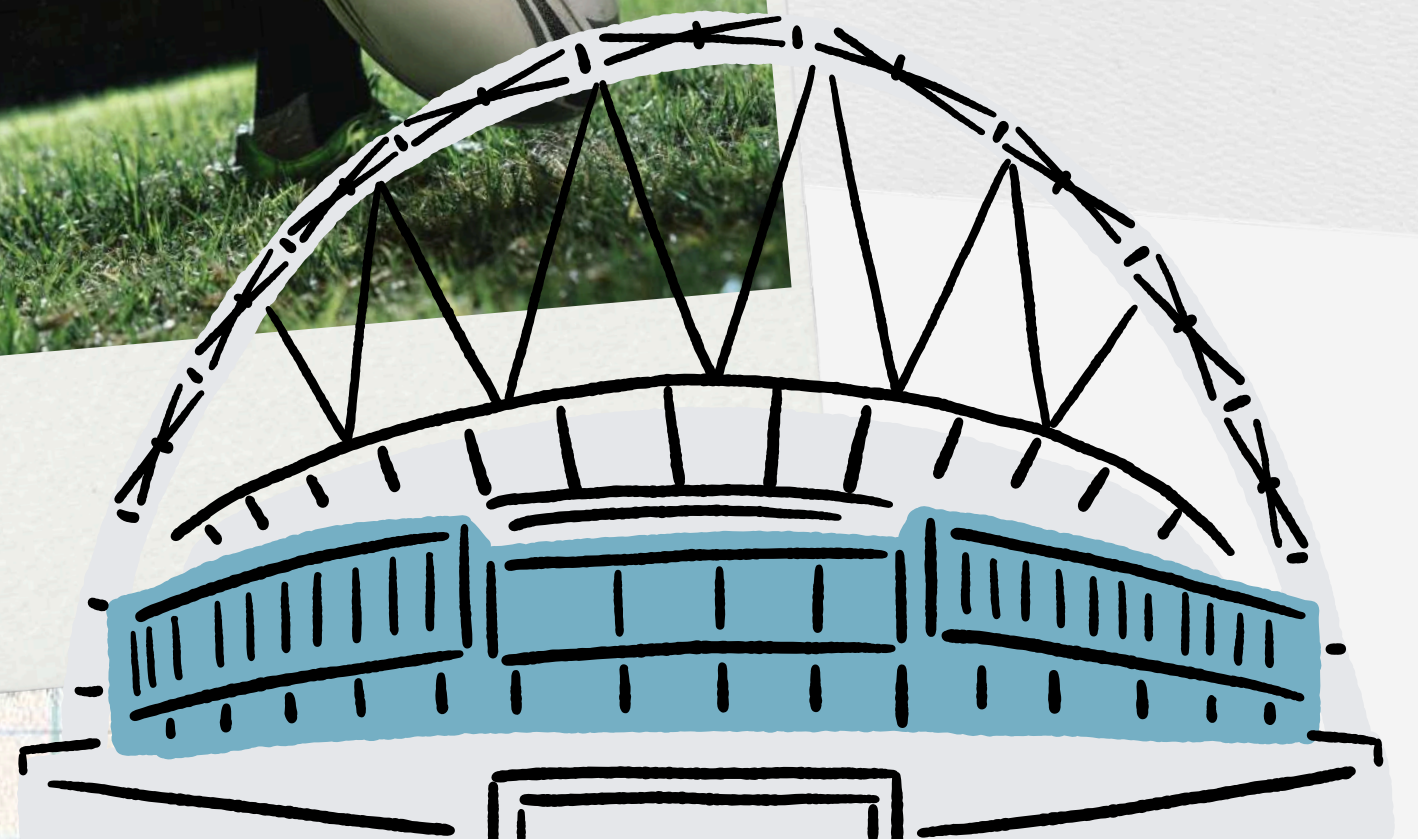




# Sport in England

## Sports in Great Britain

Football is the most popular sport with world famous clubs. Rugby, cricket and tennis also have deep roots in the country, which hosts some of the world's most famous tennis tournaments. Scotland has traditional events such as the caber toss, while Wales has a passionate rugby culture.





B R I T I S H   W E E K

ENJOY YOUR MEAL !

